





**WELCOME TO THE BRIEFING**



-  Trailers, buses, wc
-  Starting Area

Panic button



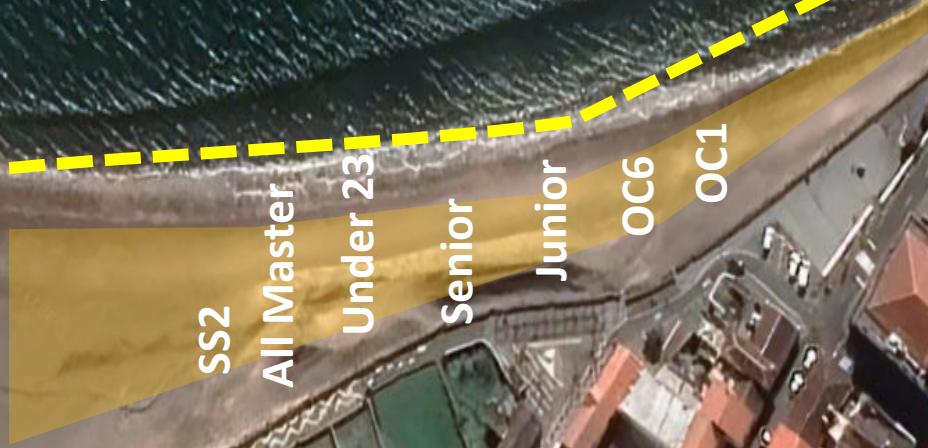
**IMPORTANT:**  
Press panic button until  
it vibrates

10 minutes before start on the beach

START AREA

200 meters wide starting area

Starting Area  
Women and  
Master



ID CONTROL

Monumento aos Homens do Mar

Imigrant monument

Clinica da Sé

START AREA

200 meters wide starting area

Starting Area  
Men  
10 min later



ID CONTROL

Monumento aos Homens do Mar

Immigrant monument

Clinica da Sé

# Start Area



## Starting procedure

ID control closes 15 minutes before start time

Bring your accreditation/ badge

- Trailers, buses, wc
- Starting Area

- Aligner
- Portuguese Red Cross

# Start Area



Prainha Beach

Praia da Vitória Marina

↓ Aligner / starter flag

● buoy

! Area to avoid

# SS1/ SS2 Race Saturday



Buoy

 ambulance- Portuguese Red Cross



Porto Judeu



Porto de São Fernando

 buoy

 Area to avoid





-  Boat Retreat
-  Lifeboat
-  Jetski

 ambulance- Portuguese Red Cross



Porto Judeu



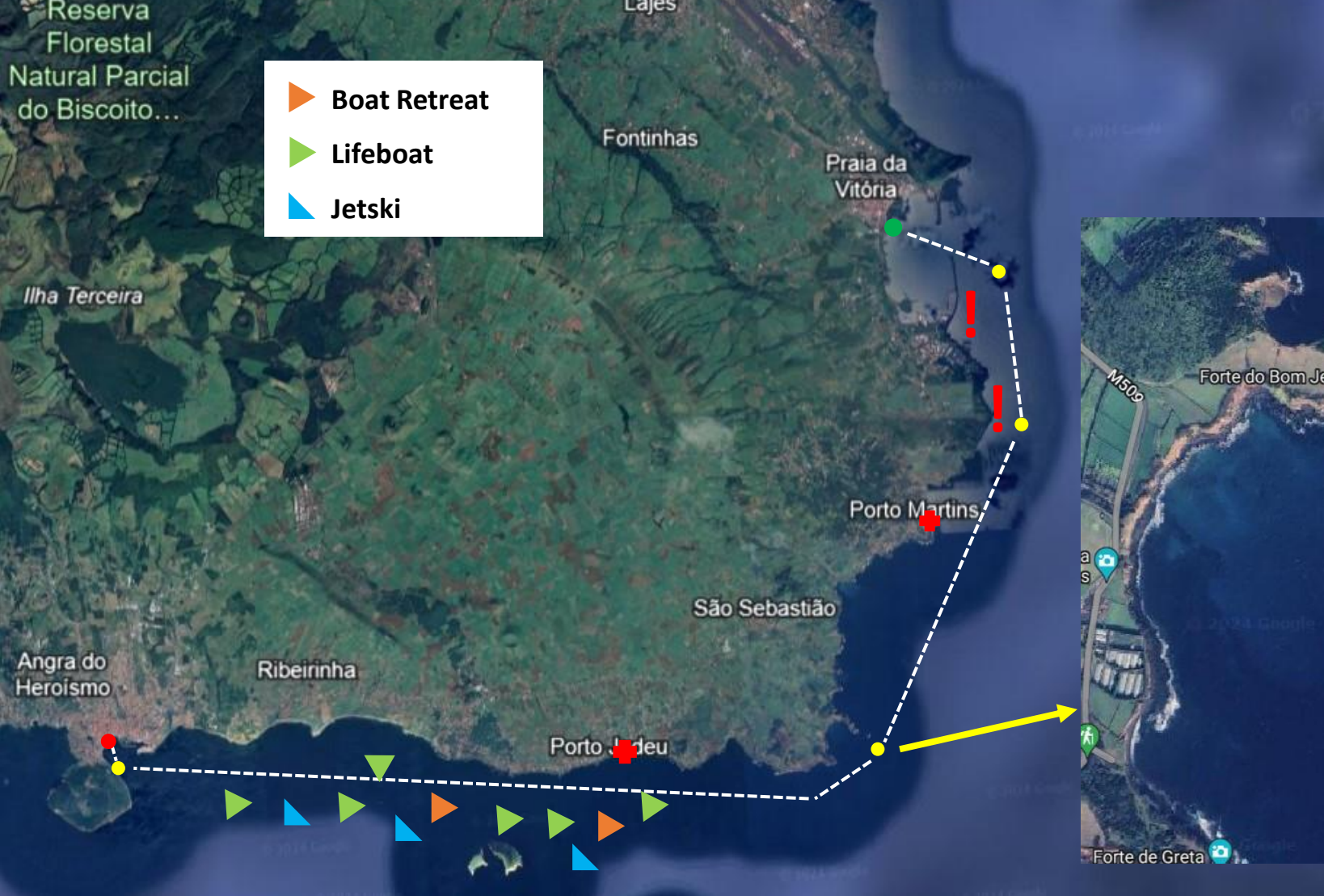
Porto de São Fernando



buoy



Area to avoid



✚ ambulance- Portuguese Red Cross  
● buoy  
! Area to avoid

Porto Judeu

Porto de São Fernando



Sports Presentation

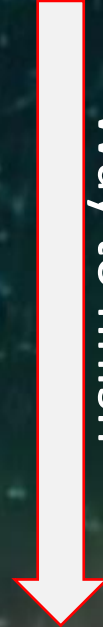


Buoy

SS2 Race !!



Way to finish



Back to HQ



Toilets

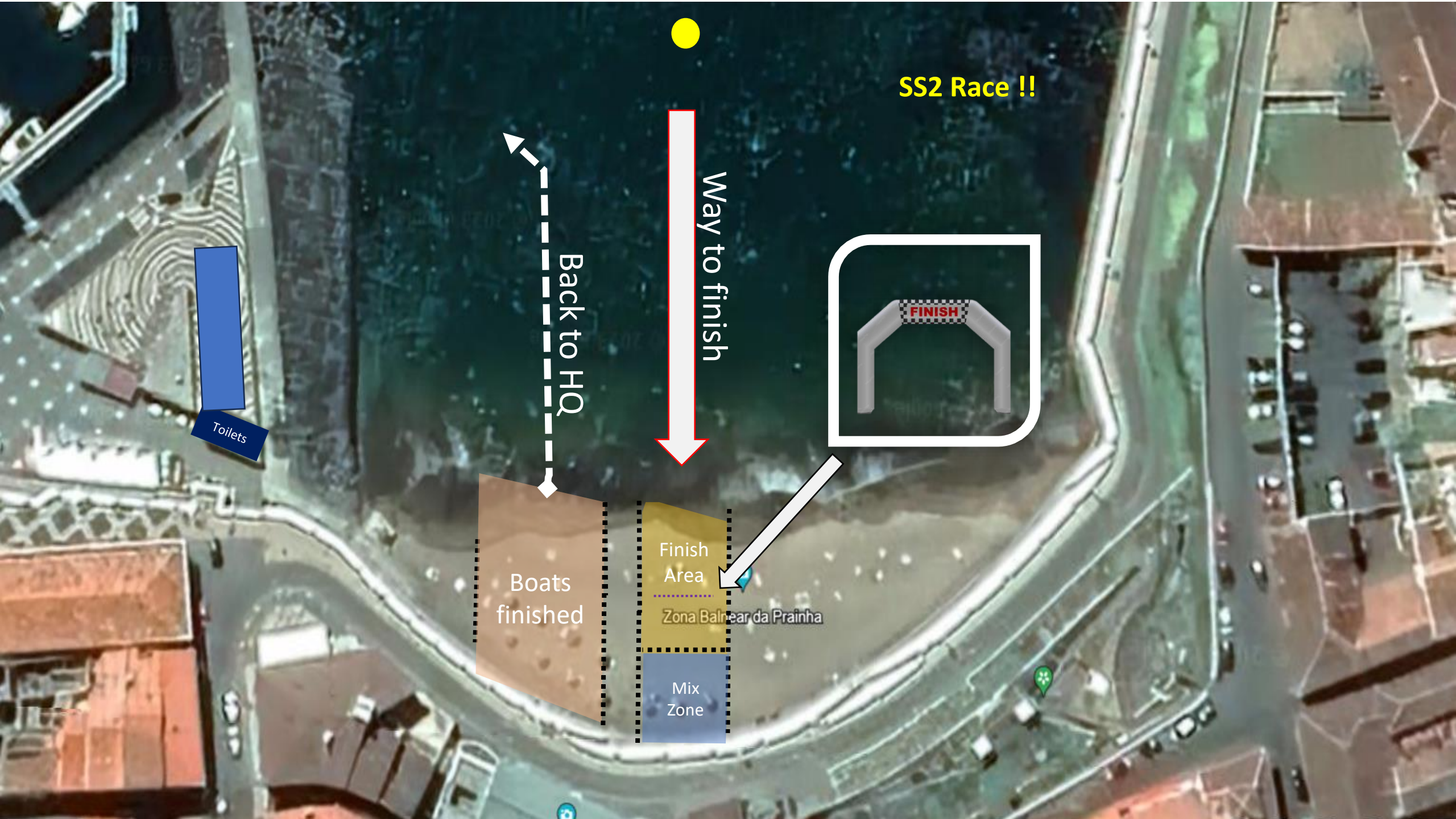


Boats finished

Finish Area

Zona Balnear da Prainha

Mix Zone





## Portuguese Man-o-war

Every year, with the arrival of spring, the Azores see the appearance of many Portuguese Man-o-war Jellyfish (*Physalia physalis*).

### What should you do if you are stung by a Portuguese Man-o-war?

In case of being stung by a Portuguese Man-o-war it is recommended to wash the wound with salt water and put vinegar. The purpose of vinegar is to help stop the discharge of poison to the body of the affected person.

- **Wash off tentacles with sea water or pick off with fingers**
- **Seek medical help**

#### Do not:

- **Rinse with fresh water**

All athletes will have small packets of vinegar provided by the organization.



**Please bring your official clothing for the opening  
and prize giving ceremony**





Baía de